A Call to Action: Family Planning for Postpartum Women

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Different interpretations of “call to action”
Why Develop a Call to Action

- Recommendation from First Global Forum on Health Systems Research (November 2010)
- Recommendation from various working groups, including Guideline Development Meeting (April 2011)
- Need expressed in survey
Audience

- Ministries of health and other key decision-makers
- Donors
- NGOs
- Program Managers
Content of Call to Action

- Rationale for PPFP
- Strategies for increasing accessibility and use of PPFP
- Essential actions
Content: Rationale for PPFP

- Great unmet need for FP in the PP period
- Lack of awareness of return to fertility and pregnancy risk during the PP period
- High prevalence of pregnancies within first year PP
- Health benefits of PPFP
  - For mother
  - For infant and child
Strategies for Increasing PPFP

- Raise awareness of the need for FP among PP women
- Broaden the Program Context for PPFP
- No missed opportunities – across the continuum
  - Facility care
  - Community based care
- Expanding range of options
Content: Essential Actions

- Prioritizing PP women for FP care
- Ensure effective services in facility and community
  - MCH Opportunities
  - Social Mobilization/Behavior Change
  - M&E
  - Scale Up
- Commit Sufficient Financial Resources
- Prepare human resources
- Observe Selected Practice Recommendations
Next Steps in Development of Call to Action

- Need your input!
- Please review and provide feedback
- Feedback by 28 September 2011
- Send to bdeller@jhpiego.net

THANK YOU for your help!
Group Work
Selected Practice Recommendations

- **Group 1**: How can postpartum family planning be integrated into infant and child health care services?
- **Group 2**: How can postpartum family planning be promoted during antenatal care?
- **Group 3**: How can uptake of immediate permanent postpartum long acting reversible contraception be maximized?
- **Group 4**: How can utilization of postpartum family planning by women who do not deliver in the hospital be maximized and promoted?