Promoting family planning for postpartum women

Selected practice recommendations panel

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Four cornerstones of family planning guidance

Medical Eligibility Criteria (MEC)

Selected Practice Recommendations (SPR)

Decision-Making Tool

Global Handbook

CIRE
Selected practice recommendations for contraceptive use

Purpose: How to use contraceptive methods

- Service delivery guidance for 33 topical questions
- Guidance for initiation of 7 contraceptive methods
- Recommendations for problems during use (i.e., missed pills, unscheduled bleeding)

Offers programmatic advice (routine tests, pregnancy checklist, follow-up)

Intended for national policymakers, programme managers, scientific community.
Process

- Brainstorming meeting, March 2010 (WHO, Geneva)
  - Draft concept note prepared
- Panel presentation, First Global Forum for Health Services Research (Montreux, Switzerland)
  - Follow-up meeting of panellists and partners (WHO, Geneva)
- Guideline Development Group meeting, April 2011 (MCHIP, Washington, DC)
  - Review of activities
  - Finalize plan of work and products
Recommended activities & products

Programmatic guidance for policymakers and programme managers

- Include new questions within the SPR
  - 'map' guidance on the topic to identify gaps
  - interview public health officials from selected countries for contextual input
  - systematic review of published evidence

'Call to Action' advocacy document
Programmatic questions - proposed for consideration

- How can PPFP be integrated into infant and child health services?
- How can PPFP be promoted during antenatal care?
- How can uptake of immediate PP permanent and long-acting reversible contraceptive methods be maximized?
- How can utilization of PPFP by women who do not deliver in the hospital be maximized and promoted?
Practice question structure

- Narrative recommendation
  - Separate recommendations for specific situations (i.e., switching methods, breastfeeding status, etc)
- Comments from the expert group
- Systematic review question/questions related to the topic
- References
- Key unresolved issues
Next steps

- Your input is very welcome!
- International Family Planning Conference, late November (Dakar, Senegal)
  - Pre-formed panel presenting proposal
  - Evening auxiliary session for country case studies
- Complete review of background evidence
- GDG draft guidance for expert review
- WHO Technical consultation to finalize recommendations (June 2012)