Is Jadelle expensive? Can I afford it?

Where Do I go for more information?

Please visit a Sun Quality Health Clinic for more information on Jadelle. The Sun doctors are trained to help you decide whether Jadelle is the best method to suit your birth spacing needs.

What is Jadelle?

- Jadelle implant is a birth spacing method inserted just under the skin of your upper arm.
- It protects you from pregnancy effectively for up to five years.

Save, Effective and High Quality Jadelle Implant

SQHC providers have been trained to answer all your questions regarding modern family planning methods including Jadelle.

SQHC provider can help you decide the best method for your needs.

If you decide that Jadelle is the best method for you, visit your SQH clinic where you will receive full family planning counseling as well as your final chosen method for a promotional price of 500 kyats.

How does Jadelle work?

- Pregnancy can occur when a women’s egg and a man’s sperm meet. Jadelle implant works by stopping your body from producing eggs. As no eggs are released, you cannot become pregnant.

Will I be able to become pregnant after Jadelle has been removed?

- Jadelle implant is very effective and reversible.
- Once it is removed you may become pregnant as quickly as women who have not used any contraception.

IMPORTANT

Jadelle implants do not protect you from HIV/AIDS or other Sexually Transmitted Infections (STIs). If you think you or your partner may have an STI, or if you think you are at risk of contracting an STI, protect yourself each time you have sex by using a condom. Your Sun doctor can provide you with OK condoms.
What are the benefits of using Jadelle?

- Protects you from unintended pregnancy for 5 years.
- Is an effective family planning method for long term use.
- Does not affect your routine work.
- Is very safe.
- Is invisible once inserted so nobody except your health provider will know you are using it.
- Is convenient to use because you do not have to take contraceptives everyday or regularly.

Can every woman use Jadelle?

- You should not use Jadelle if you know or suspect you are pregnant.
- There are certain other medical conditions which could prevent you from using Jadelle. (Your Sun Quality Health Provider will conduct a medical history prior to insertion to ensure you are eligible)

Is Jadelle safe?

- YES! Jadelle is safe. It is gentle on a woman’s body and is used by millions of women around the world.

Do some women have side effects while using Jadelle?

- As with most family planning methods, some women may have side effects while using Jadelle.
- You may have more bleeding, less bleeding or no bleeding.
- The length of time between periods may vary. Between your periods you may have spotting.
- Other side effects that can sometimes occur include:
  - Headache, nausea; mood changes, breast tenderness, abdominal pains, and a small amount of weight gain.
  - DO NOT WORRY! These are not harmful. Most side effects - other than missing your monthly period - are likely to become less or go away after a few months. If you are still worried see your Sun Quality Health provider.

When can I start using Jadelle?

- It is important to make sure you are not pregnant before starting Jadelle.
- Jadelle can also be used by women:
  - who want to change from another birth spacing method.
  - who are breastfeeding.
  - who have just had an abortion

Please check with your Sun Quality Health provider for more details.

Who can use Jadelle?

Jadelle can be used by any woman who:
- Want reliable and longer term reversible contraceptive method.

How is Jadelle removed?

- Jadelle implants must be removed at the end of 5 years. If you wish to continue using Jadelle, a new set of implants can be inserted at the same time as the old set is removed.

Will the implant move around?

- No. They will remain under the skin where they are placed. They are flexible and cannot break in your arm.