

Insertion Steps for Post Placental IUCD Insertion

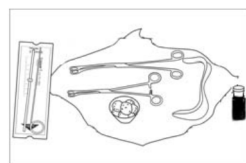
Talk to the woman during the procedure

Follow all recommended Infection Prevention practices

Use gentle technique



1. Ensure woman has given informed consent.



2. Ensure supplies/sterile equipment are ready.



3. Complete Active Management of third stage of labour.



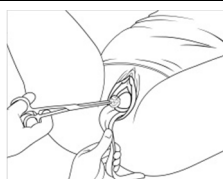
4. Confirm the woman's willingness for IUCD insertion.



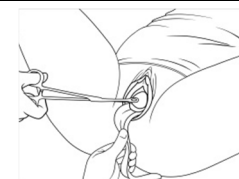
5. Examine to rule out postpartum haemorrhage and extensive lacerations.



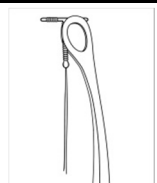
6. Visualize cervix using speculum.



7. Clean cervix and vagina TWICE with Povidone Iodine solution.



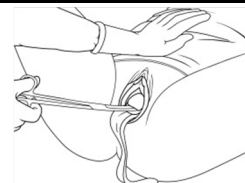
8. Grasp anterior lip of cervix with ring forceps.



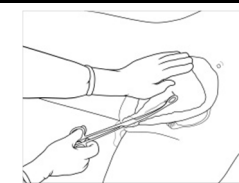
9. Hold IUCD with placental forceps inside its packing.



10. Insert forceps with IUCD through cervix upto lower uterine cavity. Avoid touching the vagina.



11. Place hand on suprapubic area, fingers towards fundus. Gently push uterus upwards to straighten uterine cavity.



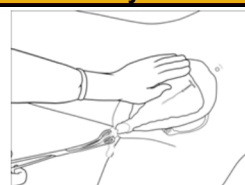
12. Move placental forceps with IUCD upward following the contour of the uterine cavity till the fundus is reached.



13. Open and slightly tilt forceps inwards to release the IUCD at fundus.



14. Keeping uterus stabilized, slowly sweep the forceps along the side wall of the uterus.



15. Keeping uterus stabilized, withdraw forceps slowly keeping it slightly open.



16. Ensure IUCD threads are not visible at the cervical os.

Allow the woman to rest for five minutes. Complete records.

Follow infection prevention steps to process instruments.

Ensure complete postpartum care and give post insertion and follow-up instructions.

