Postpartum IUCD Program in India

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Overview

- Background
- Postpartum IUCD program in India
- Challenges and lessons learned
Background

- IUCD use static for many years at < 2%
- Female Sterilization (74%) still the focus in India
- TFR: India-2.06; UP-2.95; Jharkhand-2.32
- CPR: India-56%; UP-46%
- Less than 40% institutional deliveries (NFHS 3 2005-06)
- Opportunities:
  - Increased institutional deliveries (JSY scheme)-10 million deliveries out of 24 million in 2009-10
  - Women interested in FP after delivery
  - Still high unmet need: 21%
    - 8% spacing
    - 13% limiting
- GoI keen to reposition FP for MCH in addition to population stabilization
GoI Initiative to Revitalize Interval IUCD

- **2007–2008:** Developed alternative training methodology for PPFP and IUCD using models for competency based clinical training
  - Cascade model of training
  - 12 master trainers from 12 of 35 states trained
  - Followed by state level training of service providers
  - Teams of doctors and Auxiliary Nurse Midwife (ANMs) trained

- Currently training completed in 30 states

Photo Credit: Chandrakant Ruparelia, 2007
PPFP-PPIUCD Program in Uttar Pradesh: ACCESS-FP & USAID Support, 2008

1. Initiated pilot with SIFPSA and GoUP:
   - 1 training site at medical college
   - 2 service sites at district hospitals

2. Prepared Queen Marys Hospital (QMH) as a training site:
   - Assessed site using standards
   - Trained staff and faculty in PPIUCD services
   - Standardized services: PPIUCD-post placental, in-tracesarean, early postpartum
   - Developed training team using models, client practice
3. Supported PPIUCD training for staff from Jhansi and Allahabad
   - 9 doctors and 6 nurses trained in 3 batches

4. SIFPSA monitoring services at all 3 sites
   - Monitoring/mentoring of service providers for quality service delivery and follow-up of clients
   - Recording/reporting data to GoUP
Building National PPIUCD Resources

- Developed:
  - PPIUCD clinical guideline
  - Training materials/package
  - PPIUCD insertion video
  - Job aids

- Provided Zoe models with postpartum uterus attachment to training sites

- Provided Kelly placental forceps and helped develop locally-manufactured prototype

- Developed PPIUCD Expansion Strategy
1. Developed national training site at Safdarjung Hospital, New Delhi
   - Oriented faculty, staff nurses and postgraduates in PPIUCD services
   - Standardized services: PPIUCD-post placental, intra-cesarean, early postpartum
   - Developed national and regional training teams by Jhpiego resource persons at Delhi

2. Supported development of 2 regional training sites at Mumbai and Jabalpur
   - 15 participants trained
   - Oriented site staff from medical colleges and district hospitals
   - Initiated service delivery
Increasing PPIUCD Services: 2010

3. Facilitated PPIUCD services training from additional 12 states
   - 42 doctors
   - 26 nurses/ANMs

4. As of now 32 sites in India have initiated provision of PPIUCD services

5. > 700 women have received PPIUCD since February 2010
PPIUCD Training and Service Delivery Sites

- Mumbai
- Jabalpur

- National Training Site
- Service Delivery Site
- Regional Training Site
PPFP/PPIUCD Advocacy

- Worked closely with GOI to advocate for PPIUCD services among policy makers, stakeholders, specialists
  - PPFP National meeting
  - National scale up of PPIUCD
  - Repositioning FP for MCH

- Participated in national, regional and professional association conferences

- Developed briefs on postpartum women FP needs and risks using DHS data
Challenges and Lessons Learned

- Need more focus on establishing quality services
  - Improve service delivery before generating demand
  - Training sites need adequate client load
  - Rapid training roll out without site readiness may result in PPIUCD providers losing skills and confidence

- Need to have better follow-up of the clients

- Creating demand critical for the uptake of PPIUCD

- Misconceptions among providers still a barrier

- GOI procurement:
  - Models to expand PPIUD training
  - Kelly’s placental forceps
Demand for PPIUCD Services

Availability of Quality PPIUCD Services

- Facility-based PPFP/PPIUCD BCC
- PPFP/PPIUCD Counseling
- Community-based PPFP/PPIUCD BCC
- Promotion of services by satisfied clients
- Clinical Guidelines and Protocols
- PPIUCD Training for Service Providers
- Integration into Existing Services
- Equipment and Supplies (Forceps)
- Performance Standards (SBM-R)
- Client Followup
- Job Aids

Available
In development

USAID
FROM THE AMERICAN PEOPLE
Family Planning Initiative
Addressing unmet need for postpartum family planning
access
Miles to go.....

Thank You