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# PPFP in Pre-Service Education (PSE)

Holly Blanchard

MCHIP Senior Advisor Reproductive Health and  
Family Planning

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# ACCESS-FP Technical Meeting 2006

## Recommendation on PFP in PSE

### Findings

- PFP not systematically integrated with preservice
- PFP not addressed as specific part of family planning training
  - aside from noting which methods are appropriate for BF women
- FP clinical skills are often taught separately from maternal newborn skills

### Recommendation

- More emphasis should be placed on incorporating PFP systematically in PSE including curricula, skills development and clinical practice



# ACCESS PSE Assessment in Ghana, Malawi and Ethiopia 2010\*

- Used best practices within national curriculum guidelines
- Strengthened the clinical learning environment
  - Effective Teaching Skills
  - A clinical training center or skills lab
  - Clinical site strengthening
- Provided technical updates
- Standardized clinical skills
  - Trainers and preceptors

\* J Fullerton 2010

# Assessment in FP PSE Eastern Europe and Central Asia 2009

- PSE medical training = a few lectures on FP
  - Not based on evidence
  - Lacks information WHO MEC
  - No clinical training in the provision of FP services
  - Teaching practices are based on lectures only
  - Little opportunity for interactive learning
- Medical education methods lack opportunity for building adequate competencies in FP and other RH service provision

# FP PSE Assessment Malawi 2009

- Limited use of computers and internet access
- Insufficient training models and equipment
  - Inadequate for hands-on instruction given the class sizes
- Lack of up-to-date reference materials on RH/FPP
- Limited supervision of students during practica
  - 47% reported no visits by faculty to students
  - 20% report monthly visits

SAHCD, MOH Malawi 2009

# PSE PFPF Assessment Ghana 2010

- Tutors are knowledgeable about family planning information but lack the technical skills and experience to guide students
- Preceptors do not know always how to teach the students to do clinical activities
- One of the clinical training sites visited displayed excellent family planning services including post-obstetrical family planning, while the second one was weak
- PFPF standards are being developed by the technical working group and supported by the NMC

# PPFP PSE Clinical training site: Koforidua Ghana

- PAC most are FP acceptors (register)
- ½ DMPA
- 1/3 long-acting, both IUDs and implants
- The rest OC, condoms and EC
- PPFP on postpartum ward (client interview)
- Counseling
- BTLs available everyday
- Team training midwife/physician BTL team



# PMTCT PSE

- Strengthening planned for 2010/11 in Ghana
- PSE training materials date from 2003
- Recent research changed WHO recommendations
  - EBF for WLHA in low-resource settings
  - ARVs from 14 weeks gestation through period of BF (1 year)



# Opportunities to include PFP in PSE and Challenges

## Opportunities

- Classroom presentation of integrating PFP into elements of FANC, intrapartal PNC and PMTCT
- Clinical practice in the postpartum ward FP OPD if preceptors are trained on PFP

## Challenges

- Many students don't have clinical PFP experience that reflects what they have learned in the classroom