PPFP in Pre-Service Education (PSE)

Holly Blanchard
MCHIP Senior Advisor Reproductive Health and Family Planning
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ACCESS-FP Technical Meeting 2006
Recommendation on PPFP in PSE

Findings

- PPFP not systematically integrated with preservice
- PPFP not addressed as specific part of family planning training
  - aside from noting which methods are appropriate for BF women
- FP clinical skills are often taught separately from maternal newborn skills

Recommendation

- More emphasis should be placed on incorporating PPFP systematically in PSE including curricula, skills development and clinical practice
ACCESS PSE Assessment in Ghana, Malawi and Ethiopia 2010*

- Used best practices within national curriculum guidelines
- Strengthened the clinical learning environment
  - Effective Teaching Skills
  - A clinical training center or skills lab
  - Clinical site strengthening
- Provided technical updates
- Standardized clinical skills
  - Trainers and preceptors

* J Fullerton 2010
PSE medical training = a few lectures on FP
- Not based on evidence
- Lacks information WHO MEC
- No clinical training in the provision of FP services
- Teaching practices are based on lectures only
- Little opportunity for interactive learning

Medical education methods lack opportunity for building adequate competencies in FP and other RH service provision

Limited use of computers and internet access

Insufficient training models and equipment
  - Inadequate for hands-on instruction given the class sizes

Lack of up-to-date reference materials on RH/FPP

Limited supervision of students during practica
  - 47% reported no visits by faculty to students
  - 20% report monthly visits

SAHCD, MOH Malawi 2009
Tutors are knowledgeable about family planning information but lack the technical skills and experience to guide students.

Preceptors do not know always how to teach the students to do clinical activities.

One of the clinical training sites visited displayed excellent family planning services including post-obstetrical family planning, while the second one was weak.

PPFP standards are being developed by the technical working group and supported by the NMC.
PPFP PSE Clinical training site: Koforidua Ghana

- PAC most are FP acceptors (register)
- ½ DMPA
- 1/3 long-acting, both IUDs and implants
- The rest OC, condoms and EC

- PPFP on postpartum ward (client interview)
- Counseling
- BTLs available everyday
- Team training midwife/physician BTL team
PMTCT PSE

- Strengthening planned for 2010/11 in Ghana
- PSE training materials date from 2003
- Recent research changed WHO recommendations
  - EBF for WLHA in low-resource settings
  - ARVs from 14 weeks gestation through period of BF (1 year)
Opportunities to include PPFP in PSE and Challenges

Opportunities

- Classroom presentation of integrating PPFP into elements of FANC, intrapartal PNC and PMTCT
- Clinical practice in the postpartum ward FP OPD if preceptors are trained on PPFP

Challenges

- Many students don’t have clinical PPFP experience that reflects what they have learned in the classroom