Standard Implant Removal
(Updated March 2020)

Locate the one- or two-rod implant by palpation and pressing down. Determine the location of the distal end of the implant with palpation and mark this as the incision site.

Prepare the insertion site with the antiseptic solution and a sterile drape.

Inject 1-2 mL of 1% lidocaine just under the implant so not to obscure it. If this is a two-rod system, inject between the two rods.

Make a small incision (2 mm) at the tip(s) of and parallel to the implant(s).

Push the implant(s) toward the incision until the tip is visible. If this is a two-rod system, remove them one at a time.

If the implant cannot be located, check both of the possible insertion sites (A and B), as well as both arms. If it is not possible to find the implant, refer the woman for further examination.

Inject 1-2 mL of 1% lidocaine just under the implant so not to obscure it. If this is a two-rod system, inject between the two rods.

After the implant is exposed, grasp it with the second pair of mosquito forceps and gently remove it.

Ensure that the entire rod has been removed; show it to the client.

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