1. Locate 1 or 2 rod implant by palpation and pressing down. Refer for further examination if not located.

2. Prep incision site with antiseptic solution and drape.

3. Make a small (2mm) punch incision, at the tip(s) of and parallel to the implants.

4. Push the implant(s) toward the incision until the tip is visible. If a two-rod system, remove one at a time.

5. Grasp implant with a curved mosquito forceps and gently remove it.

6. If the tip of the implant does not become visible in the incision, insert a forceps tip into the incision, grasp the implant and remove fibrous tissue by back of scalpel blade and/or gauze.

7. After implant is exposed, grasp with second pair of mosquito forceps and gently remove it.

8. Ensure that the complete rod has been removed; show it to the client.

9. Close the incision site with sterile skin closure.

10. Apply pressure bandage dressing to minimize bleeding and bruising.

Illustrations by Erica L. Chin

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