

# Sayana Press

## A Training Presentation for Providers

Version 4  
July 2016



PATH/Patrick McKern



# Introduction

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# Welcome

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- Introductions
- About this training
- “Getting to know you” activity

# Training objectives

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- Describe the different types of injectable contraceptives.
- Explain how depo-IM and Sayana<sup>®</sup> Press are similar and how they are different.
- List counseling messages about injectable contraceptives and Sayana Press.
- Demonstrate how to screen clients for eligibility for Sayana Press reinjection.
- Show how to handle sharps safely, including Sayana Press.
- Show how to give an injection with Sayana Press.
- Demonstrate how to counsel clients on self-injection.

# Training agenda

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<b>Lesson</b>	<b>Time</b>
1. What is DMPA?	1.5 hours
2. What is Uniject?	30 minutes
3. Depo-IM and Sayana Press: Two formulas of the same contraceptive	1 hour
4. Screening clients who wish to continue using DMPA	1.5 hours
5. Counseling clients about DMPA and Sayana Press	1.5 hours
6. Safe storage of Sayana Press and safe handling of sharps	30 minutes
7. How to give an injection with Sayana Press	2 hours
8. Conducting reinjection visits	30 minutes
9. How to counsel clients on Sayana Press self-injection	2 hours

# Acknowledgements and Copyright

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